

What to bring to the hospital

CLOTHING FOR DISCHARGE HOME:

- Knit or cotton shorts that will allow for swelling around your surgery site
- Underwear that is loose enough to allow for swelling and or tenderness at surgery site

FOOTWARE:

- Easy on/off, supportive shoes with non-skid soles that fit securely but allow for some swelling in your feet

TOILETRIES:

- Cases and cleaning supplies for dentures, contacts, glasses, and hearing aids
- Electric or Battery Powered Razor-If desired
- Shampoo and Conditioner
- Toothbrush, Toothpaste, Dental Floss, Dentures
- Comb and/or Brush
- Deodorant

MISCELLANEOUS:

- Medication List
- Insurance Card, Including your prescription insurance card
- Photo ID
- CPAP/BiPAP machine and mask labeled with your name
- Walker labeled with your name
- If needed: Cell Phone, Lap Top, or Tablet AND CHARGERS labeled with your name (EvergreenHealth Monroe is not responsible for loss or damaged during your hospitalization)

DO NOT BRING:

- Perfumes or other toiletries with strong fragrances
- Jewelry, including earrings (remove all jewelry or piercings prior to arrival)
- Credit Cards or Large amounts of Cash
- Home Medications, unless directed to do so